

# Expressive Arts and Design.

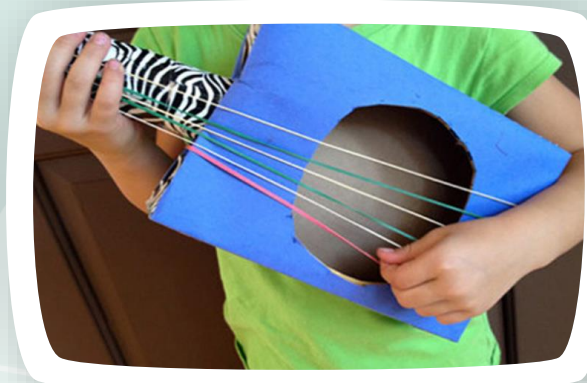


This area of development is about supporting children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas, and feelings through a variety of activities in art, music, movement, dance, role-play, and design and technology.





Junk modelling is a great way to use the imagination and make rubbish into something fun! Save old food packaging and ask your child to make something. This will also develop their skills at using different tools and resources such as scissors and tape.



Listen to songs  
and dance  
along:

<https://www.barefootbooks.com/kids/animate-d-videos/>

Music is fabulous for children as it helps to develop co-ordination, fine motor skills, problem solving, communication and Literacy skills. Your child can sing and dance along to songs, or they can have a go at playing their own instruments. You could always try and make instruments out of old pots and pans or recyclable materials!



Children love to dress up and role play. Encourage your child to dress up, whether this is in their favourite character clothes or even your old clothes! Let them play families, shops, heroes and villains etc while dressing up.