

#### Westraven Community Garden

## GARDENING CLUB

A PLACE FOR NATURE / A SPACE TO GROW

Get growing with WestRaven!

Learn how to grow fruit and veg, using eco-friendly methods we will support the garden and create loads of lush fruit & veg!

Aimed at both beginners and experienced gardeners alike.

Thursday's 10am to 12pm
June 26<sup>th</sup>
July 3<sup>rd</sup> / 10<sup>th</sup> / 17<sup>th</sup>

Westraven Community Garden
Hartwell Way, Peterborough, PE3 7LX
westraven.co.uk











# Westraven Community Garden A PLACE FOR NATURE / A SPACE TO GROW CREATE A WILDLIFE GARDEN!

Join Luke as he creates a beautiful wildlife haven in Westwood.

We will create new habitats, plant up boarders, sow wildflowers, plant trees, build bee hotels and install bat boxes and nests for house martins, learn about plants for pollinators, and help create a thriving habitat for all to enjoy.

Suitable for 16+

Mondays 11am to 3pm

9th June 30th June 16th June 7th July 23rd June 14th July

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### Westraven Community Garden

## FIRESIDE STORIES

A PLACE FOR NATURE / A SPACE TO GROW
Lean into Summer with WestRaven
and join us as we share songs,
stories and poems inspired by
nature around a lovely warm fire.
Poets, musicians and storytellers
welcome!

Light food + refreshments

Wednesday 9th July 6pm to 8pm 16+

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## STRESS LESS

#### Course

#### Thursday 10th July 1pm - 3pm

- · Understand where anxiety and stress originate
- Learn about the physiological effects of anxiety
- · Learn how to manage anxiety for interviews
- · Learn how to improve confidence



Held at: Westwood Community Hub, 31-35, Hampton Court, Peterborough PE3 7JB

Please note that this service is open to everyone regardless if you are a CKH resident or not

To find out more call 01733 396404 or email community@crosskeyshomes.co.uk





#### A PLACE FOR NATURE, A SPACE TO GROW

Join Luke and Lauren for a talk and QnA about our project *A Place For Nature A Space To Grow,* funded by PostCode Places.

Together we have enhanced a beautiful wildlife haven and food-growing site in Westwood with new habitats, perennial boarders, no-dig beds, and new compost systems, built bee hotels, installed bat boxes and nests for house martins, created art and written poetry whilst creating a thriving habitat for all to enjoy.

Suitable for 16+

Refreshments and light food provided

#### Tuesday 15th July 6pm to 8pm

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WestRaven
Cross Keys Homes
Community Garden

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**Westraven Community Garden** 

# HERBS FOR HEALTH

A PLACE FOR NATURE / A SPACE TO GROW

Working with Nicola Fenton you will explore the garden for the many wildflowers, 'weeds' and everyday herbs learning how to use these plants to support your health and wellbeing.

#### Friday 18th July 10am to 12pm

\*book your place via our website\*

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Westraven Community Garden
A PLACE FOR NATURE / A SPACE TO GROW

# DEN BUILDING

+ NATURE ACTIVITIES

Family fun building dens together.

A great way to start the

Summer holidays together!

Plus nature activities & outdoor play.

Mon 21st July Tues 22nd July 10am to 3pm

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#### New Home, New Chapter

#### **Tenancy Readiness Course for First-Time Renters**

Learn everything you need to know about managing your first home:

Setting up essential utilities & services

Understanding your tenancy agreement

**Budgeting for rent & bills** 

Rights & responsibilities as a tenant

Simple home maintenance tips

Venue: Hope House Hostel 69-71 High Street Peterborough

Date: 23<sup>rd</sup> July 11am to 2pm



To book your place scan the QR code to go to our website. You can also call 01733 396404 or email community@crosskeyshomes.co.uk.



# WESTRAVEN'S Sumer HAF GAMP

# Free Activities and Food for Pupil Premium Children 5 - 11 years

WEEK 1
23<sup>RD</sup> - 24<sup>TH</sup> JULY
WEEK 2
28<sup>TH</sup> - 31<sup>ST</sup> JULY
WEEK 3
4<sup>TH</sup> - 7<sup>TH</sup> AUGUST
WEEK 4

**WEEK 5** 27<sup>TH</sup> - 28<sup>TH</sup> AUGUST

**18<sup>TH</sup> - 21<sup>ST</sup> AUGUST** 

Scan the QR Code below to book your child's place



Free Breakfast, Snack and Lunch Included

Activities include arts and crafts, seasonal activities, games, sports, gardening, cooking, guest speakers, inflatables and multiple trips out.

9am - 1pm

WestRaven Community

Cafe and Garden

to find out more contact danielle.parkin@crosskeyshomes.co.uk
or book via

https://eequ.org/book/haf-westraven-community-cafe-and-garden-withwestraven-community-cafe-and-garden-8615







# WESTRAVENS SUMMER SENIOR HAF CAMP



FREE FOR PUPIL PREMIUM A TENTO **CHILDREN** 

A fantastic opportunity for children aged 11-16 years **Activities include** COOKING **ARTS & CRAFTS** SPORT **GUEST SPEAKERS** TRIPS OUT EVERY WEEK



**USE THE** QR CODE TO BOOK NOW

**WEEK 1** 

23RD - 24TH JULY

WEEK 2

28<sup>TH</sup> - 31<sup>ST</sup> JULY

WEEK 3

4<sup>TH</sup> - 7<sup>TH</sup> AUGUST

WEEK 4

18TH - 21ST AUGUST

WEEK 5

27TH - 28TH AUGUST

12PM - 4PM

**WestRaven Community Cafe Hampton Court, PE3 7JA** 

To Find out more contact danielle.parkin@crosskeyshomes.co.uk or book via https://eequ.org/experience/8615







