

DOGSTHORPE INFANT SCHOOL

DANCE LONG-TERM PLAN

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS		<p>Interpretative dance: Superheroes – moving in different ways in time to music.</p> <p>30-50 months – M&H Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.</p> <p>40-60 months – M&H Experiment with different ways of moving.</p> <p>30-50 months – BI Use movement to express feelings.</p> <p>Create movement in response to music.</p>		<p>Interpretative dance: Moving in space – moving in time to music.</p> <p>40-60 months – M&H Experiment with different ways of moving</p> <p>40-60 months – BI Initiate new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences.</p> <p>ELG – M&H Show good control and co-ordination in large and small movements. Move confidently in a range of ways, safely negotiating space.</p> <p>ELG – BI Represent ideas, thoughts and feelings through dance.</p>	<p>Interpretative dance: Moving like an animal – making up a routine.</p> <p>40-60 months – M&H Experiment with different ways of moving.</p> <p>ELG – M&H Show good control and co-ordination in large and small movements. Move confidently in a range of ways, safely negotiating space.</p> <p>ELG – BI Represent ideas, thoughts and feelings through dance.</p> <p>Exceeding – M&H Skip in time to music.</p> <p>Exceeding – BI Talk about features of their own and others work, recognising the differences between them and the strengths of others.</p>	
<p>Y1</p> <p><i>(Skills taken from Val Sabin)</i></p>	<p>Interpretative dance: WEATHER</p> <p>NC: perform dances using simple movement patterns.</p> <p>Skills:</p> <ul style="list-style-type: none"> travel safely in a space in different pathways to make high and low shapes 		<p>Interpretative dance: TOYS</p> <p>NC: perform dances using simple movement patterns.</p> <p>Skills:</p> <ul style="list-style-type: none"> travel rhythmically on feet, hopping and skipping. develop and use quick, slow and freeze. 		<p>Interpretative dance: SEA ANIMALS</p> <p>NC: perform dances using simple movement patterns.</p> <p>Skills:</p> <ul style="list-style-type: none"> Explore moving in unison Follow and copy a partner 	

SLT and Subject Leader, Summer 2019.

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	<ul style="list-style-type: none"> show changes in speed recognising and responding to changes in music. choose and link appropriate actions. express and communicate ideas through movement 		<ul style="list-style-type: none"> travel, jump and turn in a variety of ways. express and communicate ideas through movement repeat short phrases of movements observe and talk about each other's dances. 		<ul style="list-style-type: none"> Move and freeze with control and coordination Choose different movements to tell a story Create a simple dance motif. Observe and talk about each other's dances. 	
Y2 <i>(Skills taken from Val Sabin)</i>		Interpretative dance: Magical Friendships NC: perform dances using simple movement patterns. Skills: <ul style="list-style-type: none"> use change of direction. understand and perform simple basic travelling skills on feet. explore moving in unison. copy and develop a range of actions. combine actions together into a short movement phrase, creating a simple motif. observe a partner and give feedback. 		Interpretative dance: Minibeasts NC: perform dances using simple movement patterns. Skills: <ul style="list-style-type: none"> perform a range of actions with imagination and control. follow and copy a partner. move and freeze with control and coordination. choose different movements to tell a story. create a simple dance motif. observe and talk about each other's dances. 		Interpretative dance: Circus NC: perform dances using simple movement patterns. Skills: <ul style="list-style-type: none"> make high and low shapes. explore moving in unison and canon. travel safely in a space in different pathways. show changes in speed; recognising and responding to changes in music. choose different movements to tell a story. create a simple dance motif. observe and evaluate each other's dances.